

## Temporary Rent Assistance Benefit

TRAB provides a modest subsidy for working households with low income or those between jobs. Support is intended to help eligible tenants afford their rent while they stabilize or improve their situation.

### Details

- Assistance is provided on a first come, first served basis.
- Amount calculated based on household size; will be reduced in the second year.
- Two-year cap; eligibility is reassessed after the first year; households can reapply for rent assistance at the end of two years.

### Eligibility

Households are eligible if they:

- Have an income that is less than the local income threshold (see Table 1)
- are employed or have been employed in the last 24 months
- are not receiving social assistance, including:
  - Income Support
  - Learner Income Support
  - Assured Income for the Severely Handicapped (AISH)
  - Alberta Seniors Benefit
  - Guaranteed Income Supplement

### 2024 Household Income thresholds

(may be subject to change, to verify most current, visit [Open Alberta](#))

Unit Type	Bachelor	1-Bedroom	2-Bedroom	3-Bedroom	4-Bedroom
Maximum Household Income	\$39,000	\$46,500	\$58,000	\$70,000	\$75,500

## Benefit (TRAB) Rates

(may be subject to change, to verify most current, visit [Open Alberta](#))

### Year One

Unit Type	Bachelor	1-Bedroom	2-Bedroom	3-Bedroom	4-Bedroom
Monthly Benefit Amount	\$176	\$209	\$261	\$315	\$340

### Year Two

Unit Type	Bachelor	1-Bedroom	2-Bedroom	3-Bedroom	4-Bedroom
Monthly Benefit Amount	\$141	\$167	\$209	\$252	\$272

## Apply

Check your eligibility and connect with a housing provider near you to apply:

- [findhousing.alberta.ca](https://findhousing.alberta.ca).

## Questions

Alberta Supports Contact Centre:

- 1-877-644-9992 (toll free)
- 780-644-9992 (Edmonton)